

## Seattle Forklift Training Course

Seattle Forklift Training Course - Industry and federal regulators have established the criteria for forklift safety training based on their current standards and regulations. Those wishing to operate a forklift must complete a forklift training course prior to working with one of these equipment. The accredited Forklift Operator Training Program is intended to offer trainees with the practical skills and information to become a forklift operator.

There are forklift operation safety rules which must be followed pertaining to pre-shift inspections, and rules for loading and lifting.

Prior to a shift starting, an inspection checklist must be done and given to the Supervisor or Instructor. If any maintenance problem is discovered, the machinery must not be operated until the issue is addressed. To indicate the machinery is out of service, the keys must be removed from the ignition and a warning tag placed in a visible location.

Loading safety rules consist of checking the rating capacity on the forklift nameplate and knowing if the weight of the load falls within capacity. The forklift forks should be in the downward position when the forklift is starting up. Remember that there is a loss of roughly one hundred pounds carrying capacity for every one inch further away from the carriage which the load is carried.

In order to safely lift a palletized load, drive the forklift toward the pallet and stop with the fork three inches away from the load. Level the mast until it is at right angles to the load. Lift the forks to one inch under the slot on the pallet and drive forward. Next lift forks four inches. Tilt back the load to be able to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk in order to warn other workers. Do not allow forks to drag on the ground.

The load should be loaded by the forklift in such a way that ensures the load is secure and would not cause a danger to other objects or people. Restraining loads is required for materials which could shift during transport and destabilize the forklift.

Drums could be strapped together to avoid movement and shifting of the drums. Operators of forklifts must drive slowly when moving liquids, to lessen instability in the forklift.