

## Seattle Forklift Training Program

Seattle Forklift Training Program - Lift trucks are sometimes referred to as jitneys, hi los or lift trucks. These powered industrial trucks are used widely nowadays. Department stores use forklifts to unload products from trailers. Warehouses need them for tiering merchandise. And grocery stores utilize small models to drop stock in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, forklift operators should be properly trained and licensed. The priority must be on the safety of the worker and pedestrian. This forklift training course teaches the safety and health rules governing forklifts in order to guarantee their safe and efficient use.

### Forklift Training Program Safety Guidelines:

Forklift training courses are meant to ensure that the operator could control the forklift safely during lifting, tilting and traveling. Only qualified operators should drive a forklift.

While the forklift is in use; hands, head, arms, feet and legs must be kept inside the forklift. Forklift forks must be kept low to the ground while being slightly tilted back. Observe traffic signs that are posted. Reduce speed and sound the horn if taking a corner. If the driver's vision is blocked by the load, slowly drive backwards. Pre-check the ground for possible hazards, like for example wet or oily spots, objects, holes, rough patches, vehicles and people. Prevent sudden stops.

When a person or vehicle crosses the blind spots of the lift truck, stop the truck, lower the load, and do not continue until the way is clear. If traveling on an incline, the forks should be pointed uphill with a load and downhill without a load. The forklift should just be turned around if on level ground.

Safety guidelines while steering - Never turn the steering wheel sharply if traveling fast. Turn using the back wheels and support the load by the front wheels. A truck that is overloaded will be hard to steer. Adhere to load limits. Do not add a counterweight as a way to improve steering.

Safety tips while loading - Adhere to the recommended capacity and load limits of the forklift. This information is displayed on the data plate. Always make sure that the load is positioned based on the suggested load centre. The forklift will remain stable as long as the load is kept close to the front wheels.

The mast of the forklift should be in an upright position before inserting the fork into a pallet. Before inserting the fork, level it.